

From: Stephen Helfer <shelfer@gmail.com>
Sent: Tuesday, March 04, 2025 1:13 PM EST
To: vforte@bellinghamma.org <vforte@bellinghamma.org>;
rgilberti@bellinghamma.org <rgilberti@bellinghamma.org>;
rmartinelli@bellinghamma.org <rmartinelli@bellinghamma.org>;
ssahin@bellinghamma.org <ssahin@bellinghamma.org>;
mhennessy@bellinghamma.org <mhennessy@bellinghamma.org>;
aodabashian@bellinghamma.org
<aodabashian@bellinghamma.org>; dmartinis@bellinghamma.org
<dmartinis@bellinghamma.org>;
jenaltomonte@bellinghamma.org <jenaltomonte@bellinghamma.org>;
dfraime@bellinghamma.org
<dfraime@bellinghamma.org>
Subject: PLEASE REJECT GENERATIONAL TOBACCO & NICOTINE BAN (NICOTINE-FREE
GENERATION)

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links or open attachments unless you
recognize the sender and know the content is safe.

Board of Health, Select Board, & Town Administrator:

The effects of nicotine on motor abilities, attention, and memory likely
represent true

performance enhancement because they are not confounded by withdrawal relief.

The beneficial

cognitive effects of nicotine have implications for smoking initiation & tobacco
dependance.

Stephen J Heishman, Psychopharmacology, July, 2010

Board of Health, Select Board, & Town Administrator:

Last September the CDC reported teen smoking is at an historic low & teen vaping
is at a ten-year low. On January 16, the

FDA authorized ZYN nicotine pouches for adults & noted teen nicotine pouch use
is low.

If the tobacco industry is trying to attract the young, it is not succeeding.

Teens are not using these products and retailers

are heavily fined if they sell to persons under 21.

Massachusetts adults 21 & over are judged capable of making their own decisions
regarding alcohol & marijuana--both

intoxicants. Are they not competent to make their own decisions regarding
tobacco & nicotine products, neither of which

impair judgment or interfere with motor skills such as driving?

Most stores selling nicotine and tobacco are owned by immigrants of color.

Further restricting these owners under the guise

of "protecting the young" will hurt and devalue minority businesses.

Please do not impose new tobacco or nicotine restrictions.

Stephen Helfer

Cambridge Citizens for Smokers' Rights

(617) 876-2457

