

From IHME Update
<ihmedigital@healthdata.org>
To <kaypetersen7@gmail.com>
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Subject The negative health effects of
chewing tobacco

Plus, an interview with an IHME Project Officer

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February is Black History Month in the United States. It is a time for reflection, celebration, education, and community. [Explore Black History Month resources.](#)

The negative health effects of chewing tobacco

A new IHME-led Burden of Proof analysis examined the relationship between chewing tobacco and the likelihood of experiencing a stroke or developing esophageal cancer, lip and oral cavity cancer, larynx cancer, nasopharynx cancer, other pharynx cancer, or ischemic heart disease. Published in *Nature Communications*, this research covered studies ranging from 1970 to 2023 to gain a thorough understanding of risks associated with regularly using chewing tobacco.

Read the research

Top Stories

“Everybody deserves to live a healthy life”

IHME Project Officer Kayla Taylor shares her experience achieving a Master's of Public Health while working full time and gives advice for folks interested in a career in public health. [Read the interview→](#)

IHME in the News

Five key facts about cancer ([The Guardian Nigeria](#))
» On average, one person in five will develop some form of cancer

Nigeria must intensify malaria eradication ([Punch](#))

» **Seattle-based Institute for Health Metrics and Evaluation**

data also points at the highest malaria death rates in Africa. Cuba, Jamaica, Argentina and the United States recorded zero malaria deaths per 100,000 citizens in 2019; Niger Republic logged 102.88 per 100,000, Nigeria 112.34, Burkina Faso 125.4, Liberia 130.78 and Ivory Coast 145.45.

“It’s not something people should be dying of”: The impact of air pollution on your heart health ([WKYC](#))

» Did you know air pollution is the fourth leading cause of death in the world? That’s according to the **Institute for Health Metrics and Evaluation**.

LinkedIn post of the week

In May, the World Health Organization asked the Viz for Social Good community to help them illustrate the power of digital accessibility.

I am proud to announce that my project is one of the five to have been selected by the WHO team and I will be discussing my work on their panel tomorrow.

The key principle of the accessibility project is disability prevalence across the globe. 1.3 billion people around the world experience significant disability, which is 1 in 6 of us. My scrolling data story explores how certain marginalised groups are disproportionately impacted, focusing heavily on the humanisation of the Institute for Health Metrics and Evaluation statistics.

— [Ellen O'Neill](#)
Information Designer

What We're Reading

Five billion people could be without clean drinking water by 2050, study warns » Researchers tracking the spread of waterway toxins warn that nitrogen pollution could exacerbate a looming scarcity crisis. ([The Telegraph](#))

Black Public Health Heroes Who Made—And Are Making—History » For Black History Month, Bloomberg School faculty recognize individuals who shaped public health and continue to impact the field. ([Johns Hopkins Bloomberg School of Public Health](#))

Featured Datasets

- [Global Burden of Disease Study \(GBD\) Alcohol Consumption and Ischemic Heart Disease Burden of Proof and Risk-Outcome Scores](#)
- [Burkina Faso, Kenya, and Nigeria Family Planning Indicator Estimates 2000-2020](#)

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Institute for Health Metrics and Evaluation
Population Health Building/Hans Rosling Center
3980 15th Ave NE, Seattle, WA 98195

Tel: +1.206.897.2800

Fax: +1.206.897.2899

engage@healthdata.org

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