

From "anthony ishak" <aishakpharmd@yahoo.com>
To "Suzanne Hilts" <shilts@doverma.gov>; "Kay Petersen" <kpetersen@doverma.gov>
Date 2025-02-14 12:49:07+00:00
Subject Re: Greetings and Tobacco Public Health Policy Idea for Dover

Just a brief update, we presented to the Natick BoH last week and they have an interest in moving forward. It would be nice to see both municipalities move in tandem since they border each other.
Anthony

On Feb 3, 2025, at 8:57 PM, Anthony Ishak <aishakpharmd@yahoo.com> wrote:

Thank you for the opportunity to speak with your Board of Health. I have attached articles that were mentioned during the discussion. I sincerely hope you will decide to take the next step in implementing this important health regulation for your youth.

Thanks
Anthony

Anthony Ishak Pharm.D. BCPS
he/his/him

On Thursday, January 30, 2025 at 02:52:17 PM EST, Suzanne Hilts <shilts@doverma.gov> wrote:

Hi Anthony,

Attached is the webinar link for Monday's meeting. I also sent you a panelist invite, but here is an extra link just incase:

<https://us06web.zoom.us/j/81224069002>

On Tue, Jan 28, 2025 at 12:50 PM Suzanne Hilts <shilts@doverma.gov> wrote:

Awesome, thanks for letting me know! I will send you a zoom invitation prior to the meeting. We look forward to seeing you then!

On Mon, Jan 27, 2025 at 12:33 PM anthony ishak <aishakpharmd@yahoo.com> wrote:

Yes, I plan on attending.
Sent on the go

On Jan 27, 2025, at 12:27 PM, Suzanne Hilts <shilts@doverma.gov> wrote:

Hi Anthony,

I hope you had a great weekend! I wanted to follow up with you to ensure that you are attending our meeting next Monday, February 3 at 6:30 p.m. Prior to meetings, I have to submit an agenda by Thursday so the meeting can be posted, I wanted to be sure you will be joining us before doing so. Please let me know if anything has changed or if you have any questions.

Thank you

On Tue, Jan 21, 2025 at 9:46 AM Suzanne Hilts
<shilts@doverma.gov> wrote:

Hi Anthony,

I am happy to hear you will be joining us on February 3! Firstly, you will have 15-20 minutes to present on Endgame Tobacco. This would be the only item on the agenda for this meeting, aside from routine meeting procedures. This meeting will take place at 6:30 p.m. on February 3 via zoom; I will be sure to send you the invitation through this email address prior to the meeting.

If you have any other questions or concerns, please do not hesitate to reach out to me.

Have a great day!

On Fri, Jan 17, 2025 at 8:01 AM anthony ishak
<aishakpharmd@yahoo.com> wrote:

Thanks for the opportunity Kay,

Can I be scheduled for February 3? Please let me know how much time I will have and when will the topic appear on the agenda. Also, do you and the board need model language?

Thanks,
Anthony

Sent on the go

On Jan 16, 2025, at
8:24 PM, Kay Petersen
<kpetersen@doverma.gov> wrote:

Hi Anthony,

Thanks for reaching out and sharing the materials, and thanks for doing the great work that you do!

Our board discussed the material in your attachments at our meeting on Monday, Jan 13. We decided that we'd like to have someone from your group talk to us at our February meeting if that would be possible. We meet on the first or second Monday of the month at 6:30 pm on Zoom. That would mean either February 3 or 10. Does either date sound feasible?

I've copied our admin, Suzanne Hilts, on this email. If you think that either date might work, she can work with you on the details.

Thanks again for reaching out.

Best regards,

Kay

Kay Petersen, MD
Chair, Dover Board of Health
Dover, MA 02030
617-966-3558

On Sun, Jan 12, 2025
at 7:43 PM Anthony
Ishak
<aishakpharmd@yahoo.com> wrote:

Hi Dr.-
Petersen
(Kay) ,

I hope you
are enjoying
your
retirement
and time

away from
me
pestering
you with
knocks on
the door of
your
office :). As
you recall
from my
time on
Brookline's
Town
Meeting, I
worked on a
couple of
policies to
decrease
tobacco use
in our town.
One of
these is the
Nicotine
Free
Generation
concept.
This is a by-
law to phase
out tobacco
sales by
freezing the
age of
purchase to
anyone born
before a
particular
age
(1/1/2000 in
our case).
This
essentially
prevents
new people
from getting
addicted
without
taking away
the rights of
those
already of
age. It also
minimizes
impact to
retailers
since it
slowly
phases it
out allowing
them to
adjust their
business
models over
years. It was
originally
proposed in
Singapore
(more info:

[The tobacco-free generation proposal\)](#) and there is information attached in a NEJM article and FAQ sheet. We were the first municipality/ country/state to implement it. Since the State Judicial Court upheld it 9-0 in spring of 2024 ([Massachusetts Supreme Judicial Court Upholds Tobacco-Free Generation Law](#)), we have added 11 communities . Newton will be voting on it 1/21 and Somerville is in the process of scheduling a public hearing to implement it. Pellham has also passed it by resolution (they do not have a retailer) and the Statehouse is in the process of filing a bill for statewide policy. I am reaching out to you to encourage this momentum by

expanding
our
geographic
reach and to
see if Dover
will join our
growing list.
In order for
statewide
implementat
ion to occur
there needs
to be
significant
uptake by
municipalitie
s and
geographic
diversity.
Dover
appears to
have only 2
retailers, but
the tobacco
use rate is
~20% higher
vs the state
average
(16.53 vs
13.8) . This
policy
*prevents
new users
and thus
does not
impact
current
users.* It
would help
to reduce
the disparity
in addiction
between
Dover and
the rest of
the state.

I am a
member of a
volunteer
group that
includes a
pediatrician,
public health
officials,
tobacco
control and
attorneys
(Kate
Silbaugh,
my co-
petitioner
and author
on the
NEJM
article, and

Mark
Gottlieb of
PHAI that
defended
Brookline
before the
SJC).

I have bcc'd
the other
Board of
Health
members to
avoid OML
violations
and would
like to
request if
we can
provide
information
at one of
your
upcoming
meetings so
that Dover
can join us
in the fight
to end
nicotine
addiction.

Thanks and
Happy
Belated
New Year,
Anthony

*Anthony
Ishak
Pharm.D.
BCPS
he/his/him*

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Suzanne Hilts

Administrative Assistant
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<TFGimpactonlungcancer2024.pdf>

<Wood_Tobacco mythbusting - not driver foot traffic retail_TobControl20.pdf>

<NEJMp2403297-1.pdf>