

**From** "Emily Dellaglio" <edellaglio@medfield.net>

**To** "Gael Varsa" <gvarsa@doverma.gov>

**Cc** "Jennifer Gangadharan"  
<jgangadharan@needhamma.gov>

**Date** 2025-11-19 18:24:30+00:00

**Subject** Re: Update and a question

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Hi

This is all so great! If I can help with any of the training, I would love to help! This makes me think... I am not sure if Medfield has any CPR education at the schools but I will look into to it because it would be great to offer here as well!

On Wed, Nov 19, 2025 at 1:08 PM Gael Varsa <[gvarsa@doverma.gov](mailto:gvarsa@doverma.gov)> wrote:

F/u from hands only CPR question.

----- Forwarded message -----

From: **Versaw, Aimee** <[versawa@doversherborn.org](mailto:versawa@doversherborn.org)>

Date: Wed, Nov 19, 2025 at 11:55 AM

Subject: Re: Update and a question

To: Gael Varsa <[gvarsa@doverma.gov](mailto:gvarsa@doverma.gov)>

Hi Gael,

I am happy to hear that was passed! I will pass that information on to the nurses at the middle and high school nurses.

Most of us are trained and certified to teach CPR and Margaret has been offering an after school club at the middle school. They just started this week. I do think a hands only class in sherborn is a great idea. Depending on timing of the class I may be able to help with instruction.

Hope you have some fun things planned for the holiday next week. Talk to you soon.  
Aimee

**Aimee Versaw BSN, RN**

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On Tue, Nov 18, 2025 at 2:23 PM Gael Varsa <[gvarsa@doverma.gov](mailto:gvarsa@doverma.gov)> wrote:  
Hi Amy,

Hope you are well. Can't believe the holidays are upon us. It feels like the year flew by after school started.

I wanted to let you and your staff know that the Dover Board of Health voted NFG regulation, prohibiting the sale of tobacco/nicotine products to anyone with a birthdate after 1/1/2005. This will be in effect 1/1/2026.

My question is related to CPR and if any classes are taught to the students in Middle and High School? This past weekend we had Hands Only CPR training and an AED demonstration. Participants were younger families. The BOH partnered with the Rec Dept and a young Dover mother who survived cardiac arrest to educate families. The response was huge. I am hoping to offer this in Sherborn too with the Rec Dept this winter.

I will stay in touch.

Thanks.  
Gael.

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*Gael Varsa, RN, BSN*

*Public Health Nurse*

*Board of Health*

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