

From "Jennifer Gangadharan" <jgangadharan@needhamma.gov>
To "Emily Dellaglio" <edellaglio@medfield.net>; "Gael Varsa" <gvarsa@doverma.gov>
Date 2025-11-19 18:27:56+00:00
Subject Re: Update and a question

Also always happy to help! Fun to teach together!

Get [Outlook for iOS](#)

From: Emily Dellaglio <edellaglio@medfield.net>
Sent: Wednesday, November 19, 2025 1:24:30 PM
To: Gael Varsa <gvarsa@doverma.gov>
Cc: Jennifer Gangadharan <jgangadharan@needhamma.gov>
Subject: Re: Update and a question

Hi

This is all so great! If I can help with any of the training, I would love to help! This makes me think... I am not sure if Medfield has any CPR education at the schools but I will look into to it because it would be great to offer here as well!

On Wed, Nov 19, 2025 at 1:08 PM Gael Varsa <gvarsa@doverma.gov> wrote:

F/u from hands only CPR question.

----- Forwarded message -----

From: **Versaw, Aimee** <versawa@doversherborn.org>
Date: Wed, Nov 19, 2025 at 11:55 AM
Subject: Re: Update and a question
To: Gael Varsa <gvarsa@doverma.gov>

Hi Gael,

I am happy to hear that was passed! I will pass that information on to the nurses at the middle and high school nurses.

Most of us are trained and certified to teach CPR and Margaret has been offering an after school club at the middle school. They just started this week. I do think a hands only class in sherborn is a great idea. Depending on timing of the class I may be able to help with instruction.

Hope you have some fun things planned for the holiday next week. Talk to you soon.
Aimee

Aimee Versaw BSN, RN

School Nurse, Pine Hill School

Nurse Leader, Dover Sherborn School District

10 Pine Hill Ln

Sherborn, MA 01770

508-655-0630 x3150

Fax: 508-655-2763

versawa@doversherborn.org

CONFIDENTIALITY NOTICE: This electronic transmission is for the intended recipient only and may contain information that is privileged, confidential, or otherwise protected from disclosure. Any review, dissemination, or use of this transmission or any of its contents by persons other than the intended recipient is strictly prohibited. If you receive this transmission in error, please notify the sender immediately upon receipt and delete or destroy the communication and its attachments. Thank you for your cooperation.

NON-DISCRIMINATION STATEMENT: The Public Schools of Dover and Sherborn do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homelessness.

On Tue, Nov 18, 2025 at 2:23 PM Gael Varsa <gvarsa@doverma.gov> wrote:
Hi Amy,

Hope you are well. Can't believe the holidays are upon us. It feels like the year flew by after school started.

I wanted to let you and your staff know that the Dover Board of Health voted NFG regulation, prohibiting the sale of tobacco/nicotine products to anyone with a birthdate after 1/1/2005. This will be in effect 1/1/2026.

My question is related to CPR and if any classes are taught to the students in Middle and High School? This past weekend we had Hands Only CPR training and an AED demonstration. Participants were younger families. The BOH partnered with the Rec Dept and a young Dover mother who survived cardiac arrest to educate families. The response was huge. I am hoping to offer this in Sherborn too with the Rec Dept this winter.

I will stay in touch.

Thanks.
Gael.

--

Gael Varsa, RN, BSN

Public Health Nurse

Board of Health

Dover/Sherborn

Mobile: 508-934-9283

Office: 508-785-3200 ext 726

www.doverma.gov

CONFIDENTIALITY NOTICE: This electronic transmission is for the intended recipient only and may contain information that is privileged, confidential, or otherwise protected from disclosure. Any review, dissemination, or use of this transmission or any of its contents by persons other than the intended recipient is strictly prohibited. If you receive this transmission in error, please notify the sender immediately upon receipt and delete or destroy the communication and its attachments. Thank you for your cooperation.

NON-DISCRIMINATION STATEMENT: The Public Schools of Dover and Sherborn do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homelessness.

--

Gael Varsa, RN, BSN

Public Health Nurse
Board of Health
Dover/Sherborn
Mobile:508-934-9283
Office:508-785-3200 ext 726

www.doverma.gov

--

Emily Dellaglio, BSN, RN
Public Health Nurse
Board of Health
Town of Medfield
office: (508) 359-8505 ext 3044

This email is intended for municipal use only and must comply with the Town of Medfield's policies and state/federal laws. Under Massachusetts Law, any email created or received by an employee of The Town of Medfield is considered a public record. All email correspondence is subject to the requirements of M.G.L. Chapter 66. This email may contain confidential and privileged material for the sole use of the intended recipient. Any review or distribution by others is strictly prohibited. If you are not the intended recipient please contact the sender and delete all copies.