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To "Kay Petersen" <kpetersen@doverma.gov>
Date 2025-11-15 10:12:22+00:00
Subject Fwd: What federal health agency cuts mean for tobacco control

Hi Kay

I finally had the opportunity to watch the Dover public hearing for NFG and was glad to see Dover stand up to nicotine companies. Thanks for the opportunity to work with you and your board. Please relay to them my congrats. You can see from the article below that there is attention to municipalities progress in the fight against nicotine/tobacco addiction.
Anthony

Nov. 13, 2025

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November update: What federal health agency cuts mean for tobacco control

While many staff have reportedly been reinstated at the Food and Drug Administration's Center for Tobacco Products, exact details are unclear and CDC's Office on Smoking and Health remains eliminated. The National Youth Tobacco Survey will continue under the FDA, however, the future of the National Survey on Drug Use and Health remains uncertain. Read these updates and more on our federal health agency cuts resource page.

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How to support someone on their quit vaping journey

If someone you care about is quitting vaping, they will need extra support and encouragement from those around them. Quitting tobacco products of any kind is extremely difficult and nicotine withdrawal can make people feel heightened stress and irritability, so be patient and remember that helping someone stay positive, focused, and distracted can make a huge difference.

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A breath of fresh air: The immediate benefits of quitting smoking or vaping nicotine

Quitting smoking has countless short- and long-term health benefits, some of which start to impact the body almost immediately after putting down a cigarette. Early studies also suggest that some chemicals

present in e-cigarette aerosols may increase the risk of certain illnesses such as heart disease or cancer, but additional studies on long-term health effects are needed. Here's what we know about the short- and long-term health effects of quitting smoking or vaping nicotine, and what resources are available to help.

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This week in tobacco policy news

Denver, Colorado: Denver voters upheld the city's ordinance that prohibits the sale of flavored tobacco products by a margin of 72% to 28%. Enforcement begins January 2026.

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Dover, Massachusetts: The Board of Health voted to prohibit the sale of tobacco products to individuals born on or after January 1, 2005. The policy will become effective January 1, 2026.

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Tiburon, California: The town council voted to prohibit the sale of all tobacco products in Tiburon. The new law will go into effect on December 1, 2025.

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