

From "NACCHO Membership"
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Subject Membership Weekly: June 23, 2025 for Mike

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June

Preparation for Tomorrow's Webinar, "Strengthening the Mental Health and Wellbeing of our Public Health Workforce"

[Put on Your Oxygen Masks On First: Strengthening the Mental Health and Wellbeing of our Public Health Workforce](#)

It's a likely event of a sudden loss of cabin pressure, oxygen masks will automatically drop from the overhead compartments. Take a moment to locate your mask. In an emergency, please put on your own oxygen mask first, before assisting others.

Probably heard that announcement, ahead of flight take-off. The metaphor applies to our Public Health Workforce, too. More than most, those who've chosen to work in service of others in the public sector face growing threats to mental health in the communities we serve, as well as changing priorities and challenging budgets. Rates of mental health struggles have remained stubbornly high. National surveys suggest that roughly 1 in 4 of us face mental health struggles at any given time.

Even though we show up every day in essential ways for our constituents, it's essential we also show up for ourselves and our colleagues. Let's remember to put on our oxygen masks first. By doing that, we're in a better position to bring our best selves to work.

Good news: a growing number of communities – over 200 now – are using resources like [Behavioral Health 360's platform by CredibleMind](#) to scale access to evidence-informed self-care and local services, while lowering stigma and supporting community members. And many have discovered that this powerful platform can help their own workforce build resilience and find new ways to flourish.

Encourage you to do something for your own well-being. Join the movement for better community-wide mental health. Hear stories from your colleagues and peers at the upcoming webinar on **June 24, 2025 at 2:00 PM EST**, titled: **Put on Your Oxygen Masks On First: Strengthening the Mental Health and Wellbeing of our Public Health Workforce**.

[Register for the webinar today - We're saving you a seat!](#)

Just a Few Weeks from Today - Join Your Colleagues at NACCHO360, "Bright Lights, Bold Ideas" - Don't Miss this Opportunity!

NACCHO360 is the premier event for local health department leaders and public health professionals to learn, network, and collaborate with peers from across the country.

Haven't already registered, make plans now to attend NACCHO360 in Anaheim, California, July 14-18, 2025. If you haven't reserved your housing yet, please do so today. [Click here for hotel availability](#).

This year's NACCHO360 theme, "**Bright Lights, Bold Ideas: Shaping the Future of Public Health Practice**," will highlight innovative approaches to public health and inspire a new generation of transformative ideas. Do not miss the opportunity to attend this historic event. This year, the conference will take place in Anaheim, California, where you can experience world-renowned dining, dine like a foodie, sip award-winning craft beers and specialty cocktails, or enjoy a vibrant music and arts culture.

[Visit our special travel website](#) to plan your trip.

Scholarship Applications Due Tomorrow - Join a NACCHO360 Pre-Conference Workshop on Wastewater Monitoring!

A free, in-person workshop on wastewater monitoring at the upcoming [NACCHO360 Annual Conference](#)!

On Friday, July 14, join attendees in Anaheim, CA, to learn and connect with subject-matter experts involved in this cutting-edge wastewater monitoring technology in the public health field. [See more details on the workshop here](#).

Registration for NACCHO360 is *not* required to attend this workshop; and limited travel scholarships are available **through** the NACCHO360 registration portal.

Pre-conference attendees are welcome to attend but *must* register through the link provided.

[Click here to attend or apply for a travel scholarship](#). Use your *MyNACCHO* account to access the registration portal.

Webinars for NACCHO Members

Sustaining Programs for Lasting Public Health Impact

June 23 | 2:00 PM ET

[REGISTER HERE](#)

NACCHO Quarterly Membership Webinar

June 25 | 2:00 PM ET

[REGISTER HERE](#)

Strengthening Your Oxygen Masks On First: Lengthening the Mental Health & Wellbeing of our Public Health Workforce

June 24 | 2:00 PM ET

[REGISTER HERE](#)

Innovative Strategies to Increase Youth Engagement in Tobacco Control Programs

June 30 | 3:00 PM ET

[REGISTER HERE](#)

Harnessing Local Data for Community Health: Insights from the Marathon County LIFE Report

July 29 | 2:00 PM ET

[REGISTER HERE](#)

Introducing a New Virtual Tool: Plan and Implement Protective Extreme Heat Interventions

July 1 | 1:00 PM ET

[REGISTER HERE](#)

NACCHO Resources and Opportunities

serves over 3,300 local health departments and is the leader in providing cutting-edge, skill-building, professional programs, seeking health equity, and supporting effective local public health practice and systems. A [MyNACCHO](#) (free) is required in order to apply to these opportunities. If you have any questions or would like more information on opportunities, please email membership@naccho.org. [Click here for the latest opportunities](#) and see additional opportunities below.

Have you registered for NACCHO's All-Local Health Official Call?

[NACCHO's All-Local Health Official Call](#) builds connections across the LHO community, ensures timely updates, a dialogue and discussion with federal partners on a regular basis. These calls are a direct result of feedback from you members, about the need to better connect with each other and federal partners. Please plan to attend monthly to receive updates on guidance and initiatives from CDC, FDA, or other federal partners, but also to ask questions and give feedback on how federal efforts are workable locally. If you cannot attend, please designate a senior deputy to join when needed. **Do not forward the call outside the health department. The next convening is June 26 at 3:00 PM ET.**

Join NACCHO's Flexible Local Epidemiology Learning Community for X-factor Emerging Diseases (FLEXED)

NACCHO is launching the Flexible Local Epidemiology for X-factor Emerging Diseases (FLEXED) Learning Community, an opportunity for local health department staff to strengthen their epidemiology capacity for emerging infectious diseases. This community will feature a webinar series, peer collaboration, and technical assistance to support data-sharing, validation, and evidence-based interventions. Applications Due: **June 27, 2025**. [Learn more and submit your application here](#)

Join the Project Public Health Ready National Review Team

Looking for a meaningful way to make an impact in public health preparedness? Become a Project Public Health Ready National Reviewer and play a key role in shaping the future of local health departments nationwide. PPHR national reviewers are skilled volunteers who assess whether applications meet the PPHR criteria and provide robust feedback to applicants to enhance preparedness planning and response. As subject matter experts in the field, national reviewers ensure the effectiveness of the PPHR review process. [Click here to learn more about the national reviewer role and access the application](#). **Applications due by Friday, June 27.**

Next Meeting of Local Public Health Finance Community of Practice Scheduled for June 27

Join the quarterly Local Public Health Finance Community of Practice for our upcoming session on **Tuesday, June 27, 2:00 PM ET**, "Grants Management Revisited: Tools, Tips, and Community Insights." This session will spotlight the latest resources to support your grants management efforts. ASTHO will present its Grants Management Office Optimization project, designed to strengthen organizational systems and capacity. NACCHO will introduce a brand-new resource, the Grants Management Quick Reference Guide, developed by our Grants Management Systems Sub-committee to streamline grants management processes. We'll also revisit key grants management challenges and successes shared by members—come ready to share, and connect. [Visit our Public Health Finance page, and scroll to the bottom of the page to register](#)

Local Members Received Exclusive Benefits via Diamond Partner, Metopio

NACCHO has partnered with Metopio to offer exclusive benefits to local health departments. Through this collaboration, NACCHO members gain discounted access to Metopio's easy-to-use analytics tools, designed to streamline Community Health Assessment, Community Health Improvement Plans, and other public health initiatives. [Discover how Metopio's platform can revolutionize public health strategies](#) by providing instant access to curated health and demographic data.

News from Washington

In this month's [podcast episode](#), Lauren Soule, Government Affairs Senior Specialist and Molly Curington, Government Affairs Manager, discuss the Fiscal Year 2026 (FY26) President's Budget Request to Congress including the Administration's vision for public health, the Administration for a Healthy America (AHA).

Join us near from Dr. Michael Kilkenny, NACCHO Board President and Chief Executive Officer and Health Officer for Cabel Newsome, as he reflects on his tenure as Board President and offers guidance on shaping the future of public health as he transitions to the Immediate Past President role at the end of this month.

For more details and updates on the impact of the President's budget request on local public health, please visit our [blog](#)

Know How to Reach You?

Update your [MyNACCHO](#) account to make sure we have your team's correct contact information. For any questions on your NACCHO account, email membership@naccho.org.

to unsubscribe.

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