

Getting To Y

Community Dialogue

Our Team:

Elliott Anthony
Santana Buchanan
Jessica Cloutier
Braden Lynn
Michael Massa
Emma McMahon
Ezra Paquette
Sophie Slaghekke
Lexi Polokoff
Rebecca Edwards



Not pictured: Santana

The team meets Wednesdays from 2:15pm - 3pm.

Our Goals:

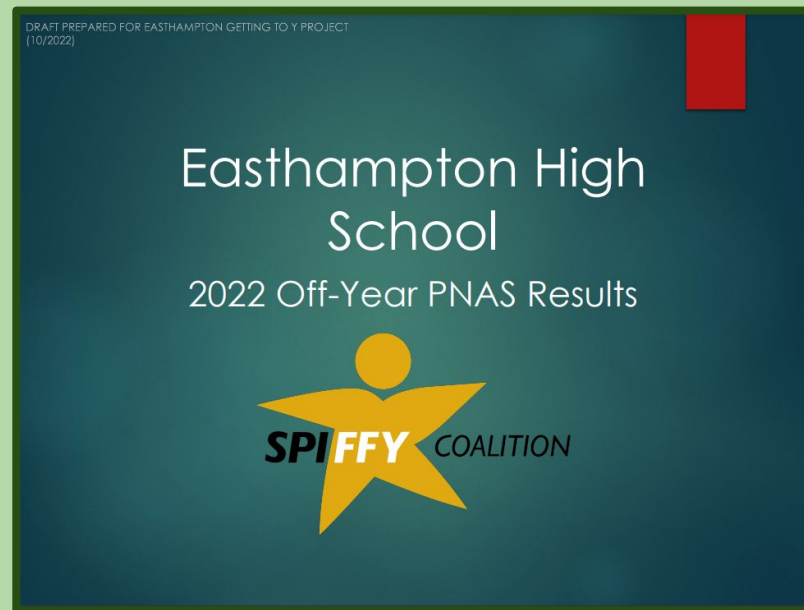


- Youth Action Participatory Research Project.
- Involves building essential research skills and making an impact on our community while centering the voices of young people.
- Research data from the PNAS and see what problems there are and what solutions we can find.

What Is The Prevention Needs Assessment Survey (PNAS)?

The PNAS is an anonymous survey which assesses current rates of substance use, risk and protective factors in community, family, school, peer and individual environments.

At Easthampton High School, the survey was taken by 10th and 12th graders.
(149 students.)



Youth Data Event:



A group of 30 Easthampton teens that identified Easthampton strengths, as well as looking at local youth data to identify areas of concern and how to take action.

Youth Data Event:

Asset
Web
Activity

Data
Analysis
Work

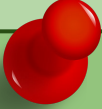
Root
causes and
ideas for
solutions.



Asset Web Activity

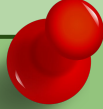


Four Main Concerns:



1. High rates of reported suicidality.

2. LGB, trans, and nonbinary students mental health.



3. A high percentage of students do not perceive alcohol and cannabis as risky.

4. Students of color experience unfair treatment.

*Keep in mind, the following percentages are only 10th and 12th graders from our school, and students have the option to skip questions. *

Concern 1: High Rates of Suicidality

10th graders are slightly more likely to have seriously considered suicide than 12th graders. (27% compared to 23%).



Students who have seriously considered suicide in the past year:

25% of
All EHS
Students

53% of
LBG EHS
Students

85% of
Transgender
EHS Students

Concern 2: Transgender and Nonbinary Students Experience High Rates of Anxiety and Depression

Social anxiety
rates after
in-person learning
resumed.

82% of trans/enby.
39% cis students.

Students who
report committing
acts of self-harm.

47% of trans/enby.
15% cis students.

Students who
report feelings of
depression most
days.

82% of trans/enby.
44% cis students.

*This data represents Hampshire County rates. Rates for EHS trans and nonbinary students are significantly higher for reports of self-harm and depression.

Concern 3: Students of Color at EHS Experience Unfair Treatment

Youth of color are less likely to think diversity is supported in school (compared to white peers).

Easthampton youth of color feel less supported overall compared to the rest of Hampshire county.



1/5 students of color experience unfair treatment from teachers.

1/6 students of color experience unfair treatment from other students.

Concern 4: EHS Students Do Not Perceive Alcohol or Cannabis as Risky

Cannabis Parental Disapproval:

2/5 Easthampton students report that their parents think youth cannabis use isn't wrong or only a little bit wrong.



Cannabis Potency:

Of the Easthampton youth who do know the potency of the cannabis they use, 8/10 indicated that they used cannabis with >20% or 5mg of THC.

Concern 4: EHS Students Do Not Perceive Alcohol or Cannabis as Risky

Alcohol Risk Perceptions:

68% of Easthampton youth do not perceive drinking to be risky. (Drinking to be one or two alcoholic drinks per week)



Alcohol drinking on an empty stomach:

41% of Easthampton youth who drank in the past year reported doing so on an empty stomach.

**What are your
questions?**