
Sick day preferences

3 messages

Community Health <ech@easthamptonma.gov>
To: Ryan Griffin <rgriffin@easthamptonma.gov>

Tue, Mar 17, 2026 at 10:18 PM

Hey Ryan,

I know I've got my own office, but is it your preference that people stay home when they are sick? I'll still work on my projects from home to move things along but I don't want to bring anything into the building. Especially a public health department.

Let me know.

Brad Riley, Ed.M, MPPA
Community Health Worker
Department of Health
City of Easthampton
(413) 529-4624
ech@easthamptonma.gov

Ryan Griffin <rgriffin@easthamptonma.gov>
To: Community Health <ech@easthamptonma.gov>

Wed, Mar 18, 2026 at 4:11 PM

Brad,

Sorry for the late reply, but yes, definitely stay home if you're sick. Last thing we need is City Hall (especially the Health Department) getting taken out.

When you get a chance, take a look at the Health Department website. I added a tab for the proposed Nicotine-Free Generation policy, along with the current regs, your PowerPoint, the *Spiffy* Tobacco and Vape Prevention Needs Assessment, and a few other links. Let me know if you think we should add anything else—maybe a section on cessation resources?

Also, take a look at the draft regs and let me know your thoughts. The main focus is NFG, but I did include a few other updates I'd like to go over at the in-person meeting.

Your PowerPoint is really great! I think it'll be super helpful for the meeting.

I'm going to give a quick overview of NFG to City Council tonight, just why we're proposing it, asking for community input, and letting people know about the meeting. Northampton is voting on theirs tomorrow, so that should be interesting to watch.

Really appreciate everything you do for the Health Department.

Thanks,

Ryan Griffin
Director of Public Health, Easthampton
 413-529-1400 x 122

[Quoted text hidden]

 **Easthampton Draft Regulations NFG 3.26.docx (1).pdf**
350K

Community Health <ech@easthamptonma.gov>
To: Ryan Griffin <rgriffin@easthamptonma.gov>

Wed, Mar 18, 2026 at 4:22 PM

Hey Ryan,

Good to know. It feels like a low-grade influenza. Thankfully I got the vaccine so it's not debilitating. I've taken a look at your draft regulations and they look fine to me. The website also has everything folks will need. Regarding the cessation. That feels like it'll be an evergreen project where the Health Department will build it out as NFG progresses. Right now there will be virtually no cessation burdens, but that burden will grow in future years—exponentially more if the state adopts a similar policy for all residents in the Commonwealth.

I'm genuinely loving my work with you all. You're a great team, and we're getting a surprising amount of work done with my limited hours. This is just more evidence for the Mayor to consider a full time or at least part time community health worker in next year's budget.

And who knows, if a vacancy still exists on the Board of Health this summer, I'll apply and we can still work together.

-Brad

[Quoted text hidden]

--

[Quoted text hidden]