

Town of Mansfield

Board of Health

August 14, 2025 Minutes

Mission Statement: The mission of the Mansfield Board of Health is to protect, preserve and improve the public health, environment, and wellbeing of our citizens through the enforcement of federal, state, and local statutes and regulations, education and promotion of sanitary living and working conditions, and protection of the environment from disease and pollution.

Present: Ryan Maxwell, Acting Chair, Graham Wilson, Chris West, Emily Beura, Amy Donovan-Palmer.

Absent: Kasia Frenette

Guests: Daniel Kelleher, Dinesh Patel, Hiren Patel, Wayne Smith, John Peckham, Gary Patel, Wissam Samrout, Walid Darwich, Dhruv Patel, Hiteshkumar Patel, Bhikhaji Parmar.

I. Meeting Called to Order

The meeting was called to order at 7:06pm on August 14, 2025 by Mr. Ryan Maxwell, Acting Chair.

II. Correspondence

None

III. Consent Agenda

Motion to approve the consent agenda made by Graham Wilson, seconded by Emily Beura. Passed unanimously 4-0.

IV. Acceptance of Meeting Minutes

Motion to approve the June 26, 2025 meeting minutes made by Emily Beura, seconded by Emily West. Passed unanimously 3-0, 1 abstained, Graham Wilson.

V. Presentation on Summer Internship – Presented by Maura Souza

Ms. Souza shared her local health experiences as an intern at the Mansfield Health Department, and gave a presentation on her main project, which focused on Maternal, child, and family health.

VI. Violations to Regulations Affecting Smoking, and the Sale, Vending, and Distribution of Tobacco and Nicotine Products.

Sarah McColgan and Kathleen Dufour who are contracted from the MHOA joined the meeting to speak to the Board about recent tobacco inspections conducted within the town on Mansfield. Ms. Dufour came to Mansfield and Inspected 14 retailers on July 22, 2025, resulting in 8 violations. Below are the establishments who were issued violations, and were present at the meeting to discuss potential fines and suspensions.

Town Food Mart, West Mansfield Variety, Gulf Express, Cumberland Farms, Dub's Liquors, Town News, Honey Farms, The Store, Citgo/Four Corners Convenience, and Shaw's.

Determined by the Board of Health, a one-day permit suspension had been issued on Tuesday September 9, 2025 due to the tobacco violations observed at the inspection conducted on July 22, 2025.

VII. Permitting - Boston John Tattoo

Ms. Donovan-Palmer asked the Board if they would allow Mr. Jonathan Peckham from Boston John Tattoo to ask to speak on his behalf to ask the Board for a piercing variance.

Mr. Peckham took to the podium and gave the Board his background on tattooing and body piercing, and all the safety measures he takes in performing the piercing.

Mr. Peckham took a skin class with Dr. Ruth back in 2008, through the Quincy Health Department which consisted of a 10-hour skin course. Unfortunately, Mr. Peckham does not have a certificate for the required course work / training on human anatomy (body piercing only) through the town of Mansfield.

Ms. Donovan-Palmer stated it would be great if the state were to enforce regulations at that level, so it isn't town to town specific. The state is working on specific trainings to be able to further educate people, we just haven't been able to get there yet.

Mr. Peckham did confirm to the Board, he will be the only one doing piercings at Boston John Tattoo. Once he is ready to perform, Ms. Donovan-Palmer will perform another inspection.

Mr. Wilson made a motion to waive the required course work / training on human anatomy for Mr. John Peckham from Boston John Tattoo for the purposes of Body Piercing, seconded by Chris West. Passed unanimously 4-0.

VIII Tobacco Sales Regulation Discussion

Ms. Donovan-Palmer shared to the Board that at the last meeting was to restrict the nicotine pouches to 6 milligrams per pouch, and if a tobacco permit is revoked or if they voluntarily give up the permit, then that permit will no longer exist. The regulations will allow a business that is selling their establishment to transfer the permit over to the new business owner. Ms. Donovan-Palmer suggested also setting a date as to when the new regulations will go into effect.

Ms. West made a motion to adopt the draft regulations as written to be effective on January 1, 2026, seconded by Mr. Wilson. Passed unanimously 4-0.

IX. FOG Variance Request – Hometown Bakery

Hometown Bakery is asking the Board for a variance to decrease pumping their external trap to once a year. Although they have not been keeping up with the regulations to pump the external trap quarterly, it is showing that with the once a year pumping the fat, oil and grease levels are low. Ms. Donovan-Palmer pointed out that the new food establishment Lawdessa Café, which opened next to Hometown Bakery has attached to the same external grease trap. Lawdessa Café does not make any food onsite, so there is not a lot of fat, oil and grease coming from Lawdessa Cafe.

Mr. Wilson asked if the last pump showed if Lawdessa was tied in at the time of the pumping record submitted, and it was. Mr. Wilson suggested seeing another pump before the Board makes a final decision. Ms. Donovan-Palmer stated she will ask Hometown Bakery to pump it again 3 months from the last time they pumped it, send us the report, and we can re-check the variance at the next meeting.

X. March Public Health Nursing Report & Infectious Disease Updates

The Board had no questions or comments for the reports.

XI. Diversity, Equity, and Inclusion

None.

XII. Important Dates

Free Health Screenings including blood pressure, blood sugar, cholesterol, Hands only CPR and associated prevention information

- 2nd Tuesday at the COA, 255 Hope Street, 9am-12pm
- 3rd Wednesday at Town Hall, 6 Park Row, 9am-12pm

XIII. Department Updates

- Permitting: Working on Renewals and New Fee Structure.
 - Bristol-Norfolk Public Health Partners Coalition Grants Update
 - Public Health Excellence Grant Program for Shared Services
 - Local health support for COVID-19 Case Investigation and Contact Tracing
- PFAS
- Website/ Social Media Update
- Housing Inspections
- FOG
- Grants
 - FDA Retail Standards Grant

XIV. Visitor Comments

None.

XV. Items not known 48 hours prior

None.

XVI. Adjournment

**Motion to adjourn at 8:57pm made by Ryan Maxwell, seconded by Emily Beura.
Approved 4-0.**

Clerk

Date