



Winter Resource Guide

Local and National Support Services

MA Behavioral Health Helpline

Call or Text 833-773-2445

Suicide and Crisis Lifeline

988

MA Domestic Violence Hotline

877-785-2020

Mystic Valley Elder Services

781-324-7705

Community Meals

These cost-free meals are open to all

First United Methodist Church

645 Main St

Sundays 11:30am-12:00pm

Faith Evangelical Church

200 Franklin St

3rd Friday of the month 6pm

Food Access

Melrose Pantry Network/ Food Drive

617-501-7134

Mystic Community Market

617-629-5120

Bread of Life

781-397-0404

Housing

Housing Families

781-322-9119

Melrose Housing Authority

781-665-1622

Warming Center

781-324-4230

529 Eastern Ave. Malden

Open: Dec 1st – March 31st

Seven nights a week; 7:00pm - 7:30am