

**From:** Bonny Carroll <bcarroll@somervillema.gov>

**Sent:** Dec 20, 2024 14:41:15.000000000 UTC

**Subject:** RE: Meeting Summary/Action Items

**To:** Silbaugh, Katharine <silbaugh@bu.edu>

**Cc:** Maureen Buzby <mbuzby@cityofmelrose.org>; Anthony Ishak <aishakpharmd@yahoo.com>; drsawickiboh@gmail.com <drsawickiboh@gmail.com>; Ginny Chadwick <ginnychadwick@brandeis.edu>; Anthony Chui <achui@cityofmelrose.org>; Ken Elstein <kenelstein@gmail.com>; Jeanne L.MacDonald <jlmacdonald@mgb.org>; mark@phai.org <mark@phai.org>; Sigalle Reiss <sreiss@brooklinema.gov>; Diane Stover-pepe <stoverd@mskcc.org>; Winickoff Jonathan P. MD MPH <JWINICKOFF@mgh.harvard.edu>; zachary.rich@bmc.org <zachary.rich@bmc.org>; Michael Chou <mchou@genetics.med.harvard.edu>; Anthony Chui <achui@cityofmelrose.org>

If we have—and we don't—but any doubt about the power of addiction to nicotine, look at this lack of ability to control it despite the potential consequences.

<https://www.msn.com/en-us/health/medical/lawmaker-caught-vaping-in-parliament-during-health-reform-debate/vi-AA1wd49n?rc=1&ocid=socialshare&cvid=8dbea2697a1949648684ddf0ae45694a&ei=10>

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**From:** Silbaugh, Katharine <[silbaugh@bu.edu](mailto:silbaugh@bu.edu)>  
**Sent:** Thursday, December 19, 2024 7:57 PM  
**To:** Bonny Carroll <[bcarroll@somervillema.gov](mailto:bcarroll@somervillema.gov)>  
**Cc:** Maureen Buzby <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>; Anthony Ishak <[aishakpharmd@yahoo.com](mailto:aishakpharmd@yahoo.com)>; drsawickiboh@gmail.com; Ginny Chadwick <[ginnychadwick@brandeis.edu](mailto:ginnychadwick@brandeis.edu)>; Anthony Chui <[achui@cityofmelrose.org](mailto:achui@cityofmelrose.org)>; Ken Elstein <[kenelstein@gmail.com](mailto:kenelstein@gmail.com)>; Jeanne L. MacDonald <[jlmacdonald@mgb.org](mailto:jlmacdonald@mgb.org)>; mark@phai.org; Sigalle Reiss <[sreiss@brooklinema.gov](mailto:sreiss@brooklinema.gov)>; Diane Stover-pepe <[stoverd@mskcc.org](mailto:stoverd@mskcc.org)>; Winickoff Jonathan P. MD MPH <[JWINICKOFF@mgh.harvard.edu](mailto:JWINICKOFF@mgh.harvard.edu)>; zachary.rich@bmc.org; Michael Chou <[mchou@genetics.med.harvard.edu](mailto:mchou@genetics.med.harvard.edu)>; Anthony Chui <[achui@cityofmelrose.org](mailto:achui@cityofmelrose.org)>  
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Do we know where the mayor stands on NFG? Mayor and city councilors will be lobbied—is there anything we can do now to also be in conversation with them?  
Sent from a handheld device

On Dec 19, 2024, at 7:38 PM, Bonny Carroll <[bcarroll@somervillema.gov](mailto:bcarroll@somervillema.gov)> wrote:

Yes! It was very thorough and the questions and answers keep getting more and more refined.

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**From:** Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>  
**Sent:** Thursday, December 19, 2024 7:31 PM  
**To:** Bonny Carroll <[bcarroll@somervillema.gov](mailto:bcarroll@somervillema.gov)>; Silbaugh, Katharine <[silbaugh@bu.edu](mailto:silbaugh@bu.edu)>  
**Cc:** Anthony Ishak <[aishakpharmd@yahoo.com](mailto:aishakpharmd@yahoo.com)>; drsawickiboh@gmail.com; Ginny Chadwick <[ginnychadwick@brandeis.edu](mailto:ginnychadwick@brandeis.edu)>; Chui, Anthony <[achui@CityofMelrose.org](mailto:achui@CityofMelrose.org)>; Ken Elstein <[kenelstein@gmail.com](mailto:kenelstein@gmail.com)>; Jeanne L. MacDonald <[jlmacdonald@mgb.org](mailto:jlmacdonald@mgb.org)>; mark@phai.org; Sigalle Reiss <[sreiss@brooklinema.gov](mailto:sreiss@brooklinema.gov)>; Diane Stover-pepe <[stoverd@mskcc.org](mailto:stoverd@mskcc.org)>; Winickoff Jonathan P. MD MPH <[JWINICKOFF@mgh.harvard.edu](mailto:JWINICKOFF@mgh.harvard.edu)>; zachary.rich@bmc.org; Michael Chou <[mchou@genetics.med.harvard.edu](mailto:mchou@genetics.med.harvard.edu)>  
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Great job, everyone. Chelsea was our best hearing. This may be our best info meeting.

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**From:** Bonny Carroll <[bcarroll@somervillema.gov](mailto:bcarroll@somervillema.gov)>  
**Sent:** Wednesday, December 18, 2024 10:27 AM  
**To:** Silbaugh, Katharine <[silbaugh@bu.edu](mailto:silbaugh@bu.edu)>; Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>  
**Cc:** Anthony Ishak <[aishakpharmd@yahoo.com](mailto:aishakpharmd@yahoo.com)>; [drsawickiboh@gmail.com](mailto:drsawickiboh@gmail.com); Ginny Chadwick <[ginnychadwick@brandeis.edu](mailto:ginnychadwick@brandeis.edu)>; Chui, Anthony <[achui@CityofMelrose.org](mailto:achui@CityofMelrose.org)>; Ken Elstein <[kenelstein@gmail.com](mailto:kenelstein@gmail.com)>; Jeanne L. MacDonald <[jlmacdonald@mgb.org](mailto:jlmacdonald@mgb.org)>; [mark@phai.org](mailto:mark@phai.org); Sigalle Reiss <[sreiss@brooklinema.gov](mailto:sreiss@brooklinema.gov)>; Diane Stover-pepe <[stoverd@mskcc.org](mailto:stoverd@mskcc.org)>; Winickoff Jonathan P. MD MPH <[JWINICKOFF@mgh.harvard.edu](mailto:JWINICKOFF@mgh.harvard.edu)>; [zachary.rich@bmc.org](mailto:zachary.rich@bmc.org); Michael Chou <[mchou@genetics.med.harvard.edu](mailto:mchou@genetics.med.harvard.edu)>  
**Subject:** RE: Meeting Summary/Action Items

Hi All

Here is the link for tomorrow night's virtual meeting in Somerville. Just register sometime today or tomorrow. Simple process. See you then.  
Bonny

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**From:** Silbaugh, Katharine <[silbaugh@bu.edu](mailto:silbaugh@bu.edu)>  
**Sent:** Tuesday, December 17, 2024 8:23 PM  
**To:** Maureen Buzby <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>  
**Cc:** Anthony Ishak <[aishakpharmd@yahoo.com](mailto:aishakpharmd@yahoo.com)>; Bonny Carroll <[bcarroll@somervillema.gov](mailto:bcarroll@somervillema.gov)>; [drsawickiboh@gmail.com](mailto:drsawickiboh@gmail.com); Ginny Chadwick <[ginnychadwick@brandeis.edu](mailto:ginnychadwick@brandeis.edu)>; Chui, Anthony <[achui@CityofMelrose.org](mailto:achui@CityofMelrose.org)>; Ken Elstein <[kenelstein@gmail.com](mailto:kenelstein@gmail.com)>; Jeanne L. MacDonald <[jlmacdonald@mgb.org](mailto:jlmacdonald@mgb.org)>; [mark@phai.org](mailto:mark@phai.org); Sigalle Reiss <[sreiss@brooklinema.gov](mailto:sreiss@brooklinema.gov)>; Diane Stover-pepe <[stoverd@mskcc.org](mailto:stoverd@mskcc.org)>; Winickoff Jonathan P. MD MPH <[JWINICKOFF@mgh.harvard.edu](mailto:JWINICKOFF@mgh.harvard.edu)>; [zachary.rich@bmc.org](mailto:zachary.rich@bmc.org); Michael Chou <[mchou@genetics.med.harvard.edu](mailto:mchou@genetics.med.harvard.edu)>  
**Subject:** Meeting Summary/Action Items

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**December 17 meeting:** we were able to discuss some of the issues that have taken a back burner in the fall rush. These were the main ones. **Next meeting Monday, January 6, 6:30 PM.**

- 1.
- 2.
3. **NFG**
4. **West:** Ken
5. Elstein. Ken is already putting together a team. It includes both professionals and youth. There are 100 municipalities in the west. We discussed Ken leading that team, with ongoing support from anyone he needs, and he stays in our group and is the point person.
6. (Gail xx, Chris Hough) *How*
7. *can we help.*
- 8.
- 9.
- 10.
11. **Youth**
12. **League:** All
13. agree on the importance of youth at board meetings. Isabel Tashie, a high school student from Needham, joined us, she's involved in 84 Movement. Maureen mentioned some youth involvement through Public Health Excellence grant. Mystic Valley also brought youth
14. in. Youth spoke in Belchertown, Chelsea. We need youth both in the Towns themselves now, and to bring to the state level eventually.
15. *Can someone take up supporting these youth in building their network and in providing them coaching and coordination? This is a huge need, and one person could take it on as a project.*
- 16.
- 17.
- 18.
19. **Website:**
20. There
21. were concerns about giving industry too much information. We discussed other ways to make sure Boards have what they need. Maureen has provided packets of information to her boards.
- 22.
- 23.
- 24.
25. **Survey**
26. **Monkey:** Jonathan
27. is going to see if Thomas will create a survey to email to BOHs and Health Directors to see if they want information. Whatever towns respond, we can focus on those.
28. *Thomas.*
- 29.
- 30.
- 31.
32. **Information**
33. **Packets:** *Could*

34. *one person be the source of a packet of information that would be distributed to any BOH or Health director who requests it?*
- 35.
- 36.
- 37.
38. **Medical**
39. **Associations:** Jonathan
40. Winickoff working with John Maa on language to get to the California Medical Association; if passed it can go to the AMA. John Maa giving Jonathan Winickoff a MMA contact; MMA has a resolution process. There was mention of someone reaching out to Tim MacDonald
41. (of MHOA)
- 42.
- 43.
- 44.
45. **Study:**
46. Jonathan
47. Winickoff will see what data we can pull and turn into a publication on the Brookline experience. The YRBS will be administered this spring. Sigalle Reiss and Anthony Ishak have discussed. A group with medical/research chops will work on this.
- 48.
- 49.
- 50.
51. **R**
52. **Street and Other Opposition:** We
53. spoke briefly about the opposition. *More*
54. *attention at next meeting.*
55.
  - 1.
  - 2.
  3. Boards
  4. of Health, City Councilors, Select Boards, are getting robo-emails against NFG from all over the country, hundreds, up to a thousand. We need to immunize Boards of Health, set expectations about this outreach.
  - 5.
  - 1.
  - 2.
  3. Several
  4. national groups came to the final Needham meeting, very polished and professional, worrisome.
  - 5.
  - 1.
  - 2.
  3. R
  4. Street letter arrived in advance of Needham, much more polished arguments.
  - 5.
- 56.

- 57.
58. **Business**
59. **Data:** There
60. is an existing AJPB study on T21 and T25 about lost business being small. Let's circulate that. Discussion of someone conducting a similar analysis of NFG.
- 61.
- 62.
- 63.
64. **Public**
65. **Health Excellence Grant:** Maureen
66. thinks there may be a roll for grant coordinators to help us.
- 67.
- 68.
- 69.
70. **Somerville:**
71. Meeting
72. December 19. Don't speechify. Winickoff and Ishak there but not on speakers list. Particular focus on Health Equity concerns.
- 73.
- 74.
- 75.
76. **Towns:**
77. Andover
78. a no fly zone. Revere, Winthrop, Montague, Pelham, Newton, Belmont, outreach happening.
- 79.
- 80.
- 81.
82. **January**
83. **1 implementation dates:** Could
84. January 1 be a date to solicit towns with the news that NFG is being implemented in 10 more municipalities today?
- 85.
- 86.
87. 14.
88. **New Birthdate:** We

deferred discussion until Mark could be there.

January

6, 2025, 6:30 PM ZOOM LINK: Kate Silbaugh (she/her) is inviting you to a scheduled Zoom meeting.

Join

Zoom Meeting

[https://bostonu.zoom.us/j/96034113765?  
pwd=SHFrIGSTnsPE1VHFPCAHHBFL25TxCH.1](https://bostonu.zoom.us/j/96034113765?pwd=SHFrIGSTnsPE1VHFPCAHHBFL25TxCH.1)

Meeting

ID: 960 3411 3765

Passcode:

021025

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