

From: Buzby, Maureen <mbuzby@CityofMelrose.org>
Sent: Apr 15, 2025 20:02:49.000000000 UTC
Subject: RE: Opportunity!
To: EILEEN HAMBLIN <ehamblin@aol.com>

Very short read.

From: EILEEN HAMBLIN <ehamblin@aol.com>
Sent: Friday, April 11, 2025 12:31 PM
To: Buzby, Maureen <mbuzby@cityofmelrose.org>
Subject: Re: Opportunity!

I'll read this weekend.

On Friday, April 11, 2025 at 12:27:46 PM EDT, Buzby, Maureen <mbuzby@cityofmelrose.org> wrote:

Please see email below. If willing, please complete the short google form. seems like a small commitment. And may end up being no commitment at all.

Thanks. (NO pressure!)

Also, please feel free to share.

From: Shresta Chakilam <chakilamshresta@gmail.com>
Sent: Friday, April 11, 2025 7:53 AM
To: Buzby, Maureen <mbuzby@cityofmelrose.org>
Subject: Re: Opportunity!

Hello Maureen,

Thank you for your support! You will make a valuable impact on this organization.

Please share with anyone you know, it would be great to get many people from all different fields so if you do know people it would be amazing if you could share it.

Thanks again,

Shresta Chakilam

On Thu, Apr 10, 2025 at 8:53 AM Buzby, Maureen <mbuzby@cityofmelrose.org> wrote:

This is terrific, Shresta, and I will definitely sign on. One of the best parts of my job is meeting and working with young people.

Is this something you would like shared? I have colleagues in substance use prevention, public health nursing, alcohol policy, etc.

I could also share with my Tobacco Program peers. From my community activism I know folks in other careers. Perhaps we can talk off-line and figure out how best to proceed.

Congrats on yet another amazing undertaking!

Maureen

From: Shresta Chakilam <chakilamshresta@gmail.com>

Sent: Thursday, April 10, 2025 8:08 AM

To: Silbaugh, Katharine <silbaugh@bu.edu>; kenelstein@gmail.com; kbsilbaugh@gmail.com; jwinickoff@mgh.harvard.edu; bcarroll@somervillema.gov; tlsavage@mgh.harvard.edu; ginnychadwick@brandeis.edu; jlmacdonald@mgb.org; stoverd@mskcc.org; zachary.rich@bmc.org; sreiss@brooklinema.gov; mark@phai.org; Chui, Anthony <achui@cityofmelrose.org>; aishakpharmd@yahoo.com; drsawickiboh@gmail.com; mchouhms@gmail.com; IsabelTashie@gmail.com; HWarner@collaborative.org; khoag@belchertownps.org; Sharon.Levy@childrens.harvard.edu; chakilamshresta@gmail.com; Rory Milsark <rmilsark@gmail.com>; Merkin, Ross D., MD <rdmerkin@mgb.org>; Jane Pham <jpham@mves.org>; Buzby, Maureen <mbuzby@cityofmelrose.org>

Subject: Opportunity!

Hello everyone,

I am reaching out to ask for your support with a new organization I am starting called **GrowWithGuidance**. This is an organization designed to connect highschoolers with college students and professionals for one-on-one conversations. These sessions focus on **sharing experiences**, offering guidance, and helping students explore new perspectives. Highschoolers are usually anxious about future paths, these conversations can provide direction and clarity, while building life-long connections.

I am reaching out to you because I know that this is a very dedicated group of people that can provide much-needed **inspiration** to students. The work you do with both Nicotine-Free Generation and regular life is commendable and the information should be passed down to future generations.

I am hoping that you would be interested in signing up for this program [here](#) and connecting with students interested in the same field.

This is very **low-commitment** as you will be paired with a mentee based on their field of interest and your mutual availability for a singular one hour session.

If you know anyone else who would be interested, **please consider sharing the form** to any professional or college student.

I hope you consider signing up or sharing!

Thank you,

Shresta Chakilam

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