

**From:** Barbara Best <barbarabest73@gmail.com>

**Sent:** Sep 14, 2025 23:40:30.000000000 UTC

**Subject:** Re: Connecting in September at Momma's Grocery - sounds wonderful!

**To:** Buzby, Maureen <mbuzby@cityofmelrose.org>

Greetings Maureen - 9/23 at 1pm at Momma's sounds great! Look forward to connecting and wishing you a peaceful week.

With kind regards,

Barbara

Barbara Best

Executive Director, Convu – where listening happens, <https://www.convu.com/>

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Pronouns: she/her/hers ([what's this?](#))

***Cultivating joy, purpose, and connection for mutual flourishing***

*"There exist a thousand unbreakable links between each of us and everything else, and our dignity and our chances are one. The farthest star and the mud at our feet are a family; and there is no decency or sense in honoring one thing, or a few things, and then closing the list. The pine tree, the leopard, the Platte River, and ourselves – we are at risk together, or we are on our way to a sustainable world together. We are each other's destiny."*

--Mary Oliver

On Sun, Sep 14, 2025 at 7:05 PM Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)> wrote:

Sorry it took me so long to get back to you. I was out of town this weekend. Back now and catching up.

How about Tuesday, Sep. 23<sup>rd</sup> at 1:00 PM?

I love that you took the time to check out Momma's. You now know more about it than I do. You even spell it correctly. I'll catch on eventually. 😊

My cell is 781-307-1411.

Looking forward to seeing you.

Maureen

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**From:** Barbara Best <[barbarabest73@gmail.com](mailto:barbarabest73@gmail.com)>  
**Sent:** Thursday, September 11, 2025 2:09 PM  
**To:** Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>  
**Subject:** Connecting in September at Momma's Grocery - sounds wonderful!

Greetings Maureen!

I'd love to meet at Momma's Grocery in the Porter Square area. I've never been and this sounds so interesting! We love Vermont and have enjoyed visits since we moved to Cambridge from Texas 15 years ago. Such a beautiful place, and the majesty of nature's beauty fills me with a deep sense of peace and possibility. I love that Momma's carries chocolate milk produced by a family-owned farm in the community where you grew up. That's so special!

Let's definitely check this out!

It looks like the address is:

[2304 Massachusetts Ave](#)  
[Cambridge, MA 02140](#)

And this is the website...

<https://www.mommasgrocery.com/>

Generally, afternoons during the weekdays work well for me. Perhaps we could meet at Momma's and go from there.

I could meet on any of the following days/times:

--Wednesday, 9/17, 1pm - 5pm

--Thursday, 9/18, 1pm - 5pm

--Monday, 9/22, 2pm - 5pm

--Tuesday, 9/23, 1pm - 4pm

Might one of those days work for you? I can also look at the week of 9/29 if that's helpful.

Very much look forward to connecting with you. A wonderful way to move into a new season and celebrate the power of collaborative action and Commonwealth Heroines!

With appreciation,

Barbara

On Wed, Sep 10, 2025 at 4:55 PM Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)> wrote:

Let's. There's a place I've been meaning to check out. I think it's "Mooma's" in the Porter Square area. I believe it's basically a liquor store but they carry chocolate milk produced by a family-owned farm in Vernon, Vermont where I grew

up. Maybe there is a coffee shop or café nearby. Doesn't have to be that area but it popped into my head.

I pended you for late September.

Look forward to connecting.

Maureen

Cell: 781-307-1411

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**From:** Barbara Best <[barbarabest73@gmail.com](mailto:barbarabest73@gmail.com)>

**Sent:** Wednesday, September 10, 2025 4:24 PM

**To:** Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>

**Subject:** Re: Gratitude, Joy + Commonwealth Heroines: Would love to stay connected!

Thank you, Maureen - Great to hear from you! Appreciate your sharing information on the campaign in Cambridge.

Would love to meet in person at some point - maybe later in September or at some point this fall? Happy to connect when you are in Cambridge.

Thank you again for reaching out. Grateful to be connected with you!

Warmly,

Barbara

On Tue, Sep 9, 2025 at 6:01 PM Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)> wrote:

Thank you so much for your response. I remember you now!!

My friend Bonny Carroll is the Tobacco Program Director for Somerville/Cambridge/Chelsea/Everett/Revere/Winthrop.

Somerville adopted NFG this past spring. I understand from Bonny that the Cambridge Assistant City Solicitor is looking at trying to change the Tobacco sales regs from a city ordinance to a BOH regulation. That would potentially smooth the way for adoption of NFG. Cambridge is generally a leader in public health innovation. Hope to see them come on board. That would be a huge add.

We currently have 500,000 residents in 17 communities covered by NFG. Need to reach critical mass in order for there to be a good chance that the Legislature would pass a State-wide bill. Fingers crossed.

Let me know if you have any interest in joining our grassroots group.

But whether or not you do I would love to meet for coffee some time to keep up the connections to our MA Heroines Class of 2025. So many interesting and accomplished women I would not have met except for this powerful event. (I'm already thinking of potential candidates for my State Senator and my State Rep to consider nominating next year. )

Let's meet in person. Melrose is not far from Cambridge. I love Cambridge. I go there for protests!

Best,

Maureen

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**From:** Barbara Best <[barbarabest73@gmail.com](mailto:barbarabest73@gmail.com)>  
**Sent:** Tuesday, September 9, 2025 10:23 AM  
**To:** Buzby, Maureen <[mbuzby@cityofmelrose.org](mailto:mbuzby@cityofmelrose.org)>  
**Subject:** Gratitude, Joy + Commonwealth Heroines: Would love to stay connected!

Dear Maureen,

I am so happy that you reached out about the Commonwealth Heroine recognition and our amazing community of leaders!

I had the honor of sitting next to you at the wonderful awards ceremony.

Deeply appreciate your leadership, innovation, and tenacity in mobilizing communities to enact tobacco prevention policies.

I am so happy to be connected with you!

Hope you had a wonderful summer and wishing you peace, joy, and abundance as we move into a new season.

In gratitude,

Barbara

P.S. Sharing this picture of our amazing zinnias in our community garden this summer. I'm amazed by the growth in the flowers, planted from seed, over just a few months. Thank you for all that you do to work towards flourishing for our communities!



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--Mary Oliver

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