

From: grace todome <gracetodome581@gmail.com>
Sent: May 11, 2025 12:49:01.000000000 UTC
Subject: Re: FW: NFG talk at the Grayken Center
To: Buzby, Maureen <mbuzby@cityofmelrose.org>

Hello,

Thank you for sharing these valuable resources with me. After reviewing the insightful documents related to the NFG policy, I have been reflecting on the impact of parental smoking on children, particularly in low-income communities. While existent policies prohibit smoking in schools, workplaces, and playgrounds, smoking in homes is still unregulated, which exposes children to secondhand smoke and increases their risk of nicotine addiction.

To address this issue, I propose that we enhance the NFG policy by implementing community-based programs aimed at educating parents about the dangers of secondhand smoke and nicotine addiction. By increasing awareness of the harmful effects on children, we can motivate parents to minimize smoking around their kids. Additionally, incorporating smoking prevention education into school curricula will empower children and support their families in quitting smoking or seeking assistance.

We should also establish accessible support services for parents who wish to quit, including counseling, support groups, and affordable nicotine replacement therapies. Furthermore, advocating for policies that provide financial incentives, such as tax credits for low-income families who complete smoking cessation programs, is crucial. Promoting access to resources that help families conceal or eliminate tobacco products from their homes, including storage solutions and educational materials, will also be beneficial.

I look forward to discussing these initiatives further this summer and would greatly appreciate your feedback. Thank you, and happy Mother's Day!

Best regards,
Grace Adjibodou

On Wed, May 7, 2025, 11:23 AM Buzby, Maureen <mbuzby@cityofmelrose.org> wrote:

[More docs...](#)

From: Winickoff, Jonathan P.,MD, MPH <JWINICKOFF@mgm.harvard.edu>
Sent: Wednesday, February 5, 2025 3:19 PM
To: Anthony Ishak <aishakpharmd@yahoo.com>; Silbaugh, Katharine B <silbaugh@bu.edu>; Rich, Zachary <zachary.rich@bmc.org>; Buzby, Maureen <mbuzby@cityofmelrose.org>
Cc: Savage, Thomas L. <tsavage@mgm.harvard.edu>; Chadwick, Ginny <ginnychadwick@brandeis.edu>; mattrey97@gmail.com; Mark Gottlieb <mark@phaionline.org>; MacDonald, Jeanne L.,MD <jlmacdonald@mgb.org>; Nabi, Emara <ENABI@mgm.harvard.edu>
Subject: RE: NFG talk at the Grayken Center

Hi Anthony,

I believe you also requested the following papers on T21.

Jonathan

From: Winickoff, Jonathan P.,MD, MPH
Sent: Wednesday, February 5, 2025 3:09 PM
To: Anthony Ishak <aishakpharmd@yahoo.com>; Silbaugh, Katharine B <silbaugh@bu.edu>; Rich, Zachary <zachary.rich@bmc.org>; Maureen Buzby <mbuzby@cityofmelrose.org>
Cc: Savage, Thomas L. <tsavage@mgh.harvard.edu>; Chadwick, Ginny <ginnychadwick@brandeis.edu>; mattrey97@gmail.com; Mark Gottlieb <mark@phaionline.org>; MacDonald, Jeanne L.,MD <jlmacdonald@mgb.org>; Nabi, Emara <ENABI@mgh.harvard.edu>
Subject: RE: NFG talk at the Grayken Center

Hi Team,

Here is the updated FAQ that has an updated Military formulation. Thank you Jeanne!

Jonathan

From: Anthony Ishak <aishakpharmd@yahoo.com>
Sent: Monday, February 3, 2025 9:10 PM
To: Silbaugh, Katharine B <silbaugh@bu.edu>; Rich, Zachary <zachary.rich@bmc.org>; Winickoff, Jonathan P.,MD, MPH <JWINICKOFF@mgh.harvard.edu>; Maureen Buzby <mbuzby@cityofmelrose.org>
Subject: Re: NFG talk at the Grayken Center

External Email - Use Caution

Hey Zach,

This sounds great as it can spur more people to look into NFG!

Including Jonathan in case the documents have been updated and Maureen since she might have material you can use. Jonathan, can you also attach the Needham T-21 study showing that local action works and I can add it to the G-drive. I attached the most recent reference I have. I plan on cleaning out the old versions in a couple of weeks when I have more time.

Anthony

Anthony Ishak Pharm.D. BCPS

he/his/him

On Monday, February 3, 2025 at 11:26:27 AM EST, Rich, Zachary <zachary.rich@bmc.org> wrote:

Hi Katharine and Anthony,

I recently spoke with Miriam Komaromy from the Grayken Center for Addiction about the work NFG is doing. Miriam and other leaders at the Grayken Center were very interested in learning more about NFG and invited me to present at the Grayken Innovation Forum.

I think this could be a great opportunity to introduce NFG to people interested in health policy, many of whom may live in the towns we're trying to reach. I was wondering if you have any materials about NFG MA that I could incorporate into the presentation. I know there are some shared Google resources and I wanted to be sure I have know of all of them. I'd be happy to put together some slides and share them with you for feedback before the talk.

Best,
Zack

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