

From: anthony ishak <aishakpharmd@yahoo.com>

Sent: Mar 12, 2025 10:33:37.000000000 UTC

Subject: Re: Natick and NFG

To: Kate Silbaugh <kbsilbaugh@gmail.com>; Michael Boudreau <mboudreau2@natickma.org>; chakilamshresta@gmail.com <chakilamshresta@gmail.com>; Maureen Buzby <mbuzby@cityofmelrose.org>; Mark Gottlieb <mark@phai.org>

I mistyped on the list of towns—Winchester should be on the list Not Revere

On Mar 11, 2025, at 9:13 PM, Anthony Ishak <aishakpharmd@yahoo.com> wrote:

Hi Michael

Thank you for the update (I'd been trolling the Natick BoH website looking for the next meeting and agenda so this saves me time!). I've cc'd a few people to help:

Maureen who is in Tobacco control and was at the meeting

Mark Gottlieb of Public Health Advocacy Institute of Northeastern University. PHAI has pledged pro-bono support for any legal issues with regards to NFG.

Shresta Chakilam, a Natick student who was put in touch with us given her interest in protecting her friends from addiction and tobacco preying on them.

Answers to your questions below in purple.

Anthony Ishak Pharm.D. BCPS

he/his/him

On Tuesday, March 11, 2025 at 09:21:13 AM EDT, Michael Boudreau <mboudreau2@natickma.org> wrote:

Good morning Anthony and Kate;

First, I would like to thank you for presenting the Nicotine Free Generation regulatory concept to the Natick Board of Health back in February.

Your presentation kindled additional interest in pursuing this regulatory strategy.

To that end, I was hoping you could provide me some additional information.

In general, some questions I had include:

- How many communities have adopted the NFG regulation and how many are estimated to consider adopting? 14 have adapted (Brookline, Newton, Needham, Concord, Belchertown, Manchester-by-the-Sea, Malden, Revere, Stoneham, Wakefield, Melrose, Reading, and Pelham by resolution (they have no stores but wanted to support this policy). Somerville has their public hearing 3/20. There are probably 4-6 others in various steps of pursuing this policy.
- The MA Supreme Court has upheld the NFG regulation. Is this being challenged in Federal Court? No, the window for appeal has closed and they would have to start all over again. Defer to Mark to add details.
- What process has been used to implement this regulation? My understanding is that Brookline implemented this as a By-Law. If we move forward, the intent would be as a revision to our Tobacco control Regulations. Yes, update regulations. Mark can provide model language. I would recommend using the soonest onset date that you are able to implement in terms of making businesses aware and providing education. Maybe a Date of birth of 7/1/2004.

Please feel free to forward me any information you have and I will ensure the Board has it for review. [Can you let me know when is the next meeting date so I or others on this email can attend in case of questions?](#)

Thank you again for your assistance.

--

Michael K. Boudreau, RS/REHS

Natick Board of Health
Director of Public Health



mboudreau2@natickma.org

(508) 647-6460 (office)

(508) 647-6466 (fax)

13 East Central St. ♦ Natick, MA ♦ 01760

****CITY OF MELROSE PUBLIC RECORDS NOTICE: Please be advised that the Massachusetts Attorney General has determined that email is a public record unless the content of the email falls within one of the stated exemptions under the Massachusetts Public Records Laws.****