

From: Kate Silbaugh <kbsilbaugh@gmail.com>

Sent: Jun 13, 2025 12:39:52.000000000 UTC

Subject: Re: Proposal for Periodic Emails

To: Ken Elstein <kenelstein@gmail.com>

Cc: Anthony Ishak <aishakpharmd@yahoo.com>; Mark Gottlieb <mark@phai.org>; Maureen Buzby <mbuzby@cityofmelrose.org>

I think this is a good idea. Note any announcement should start with the AMA having endorsed NFG this week.

On Thu, Jun 12, 2025 at 8:44AM Ken Elstein <kenelstein@gmail.com> wrote:

I feel we need to get our message out, and become more visible. Mostly we have concentrated our efforts on a limited list of communities.

I propose that we generate short monthly emails, which would be sent to every relevant publicly-available email address. We'd send them to the Boards of Health and their members. We could also include Select Boards and City Councils. Some towns list separate email addresses for every member; others do not have email options on their websites. Regional daily and local weekly newspapers could also receive these emails.

Obviously, compiling this list of perhaps 1000 emails would be a big task, suitable for our young (or older) volunteers. There would need to be a writer/editor.

Attached is a very early draft for style.

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