

From: Apple News <newsdigest@insideapple.apple.com>

Sent: Jun 16, 2025 11:30:10.000000000 UTC

Subject: Suspected Minnesota gunman captured, the surprising health benefits of good posture, and more

To: dlanphere@cityofmelrose.org <dlanphere@cityofmelrose.org>



Good Morning From Apple News

It's Monday, June 16.
Here's what you need to know.

TOP STORIES

Minnesota authorities arrested the suspect in what Gov. Tim Walz called a politically motivated assassination. A manhunt — described as the largest in state history — ended in a field outside Minneapolis.

THE MINNESOTA STAR TRIBUNE °

Israel and Iran traded deadly missile strikes for a fourth day Monday, with the conflict showing no signs of easing. Trump and other G7 leaders are set to discuss the hostilities at their meeting today.

BLOOMBERG °

Some 5 million people protested the Trump administration in “No Kings” rallies across the country on Saturday. Meanwhile, the president hosted a parade in D.C. for the Army’s 250th anniversary, which was also his 79th birthday.

NPR °

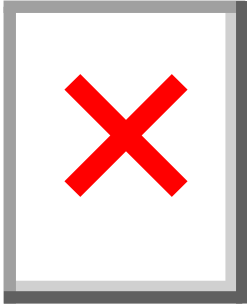


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BEST OF APPLE NEWS+



The 55 Most Stunning Small Towns in America

From a California community with sugar-white sands to an antique-shopping hotbed in New York, these destinations are worth adding to your bucket list.

ARCHITECTURAL DIGEST •

FIVE STORIES WE'RE TALKING ABOUT



“I got up and ran”: how one man survived last week’s plane crash in India.

BLOOMBERG °



She served the American people for 35 years. Now her retirement income is on the line.

NPR °



A historic dam-removal project just wrapped — and is reviving a stretch of this California river.

THE GUARDIAN °



The health benefits of good posture are more powerful than you might think.

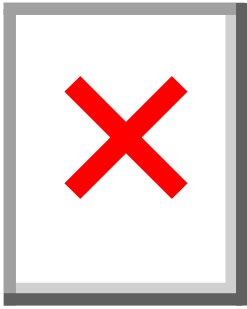
THE WALL STREET JOURNAL ▫



An unofficial list of the coolest cars ever made.

BBC TOP GEAR MAGAZINE ▫

SPORTS



▫

J.J. Spaun won a wild, wet U.S. Open with a dramatic birdie-putt finish.

THE ATHLETIC ▫



The Red Sox shockingly traded away another star near the peak of his powers.

SPORTS ILLUSTRATED



A blockbuster Desmond Bane trade has ramifications across the NBA — including the Kevin Durant saga.

ESPN

CROSSWORD

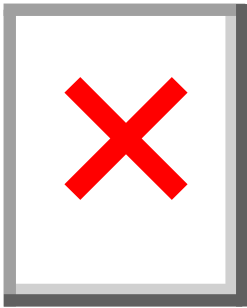


Monday, June 16
“Much Ado”

Easy

PLAY NOW

THE LAST WORD



“I do think I’m getting dumber.”

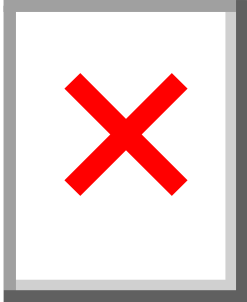
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The infinite scroll has ruined our ability to focus. Is wasting more time the key to getting it back?

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