

TOWN OF MILTON
MEETING MINUTES OF THE BOARD OF HEALTH
April 28, 2025 @ 7 p.m. via Zoom

In Attendance:

Laura T. Richards, Esq., Chair

Mary F. Stenson, R.N., BSN, Secretary

Roxanne Musto, RN-C, MS, ANP, Member

Caroline Kinsella, BSN, RN, RS, Health Director, Public Health Nurse

Emily Conners, MPH, B.S. Public Health, Assistant Health Director

Karolyn Ho, B.S. Public Health, Health Agent

Jean M. Peterson, Senior Administrative Clerk

1. Administrative Tasks:

The meeting was called to order at 7:03 pm. Minutes of March 3, 2025 were approved. Included in the packets were: Agenda for 4/28/25, Minutes from 3/3/25. Health Director's Recommendations, Milton Coalition Report by Margaret Carels, Project Coordinator job posting, Final Tobacco Regulations for Chapter 5 & 6. Flyers: Drug Take Back day on 4/26, Mass in Motion Focus Group, Community Health Improvement Plan, Beaver flooding maps, Milton resident Andy D'Amato's Marbella site plan. There were no residents for Citizen Speak.

2. Public Hearing on Tobacco Regulations:

The Hearing began at 7:08 p.m. The Health Director recommended that the Board adopt the new tobacco regulations at tonight's meeting. Several speakers weighed in to support nicotine free generation legislation, including Zachary Rich, a physician with Boston Medical Center, Kate Silbaugh, BU law professor and Mark Gottlieb from the Public Health Advocacy Institute. Chair Richards made a motion to approve the Chapter 5 "Sale of Tobacco Products to Minors" and Chapter 6 Board of Health Regulations, "Smoking in Workplaces, Public Places and Membership Association. The Board voted unanimously in favor. The Health Director stated that Milton tobacco retailers had been notified and that the Board will sign the new Regulations which will go into effect June 1, 2025. The Public Hearing was closed at 7:22 p.m.

3. Health Directors Report:

*Drug Free Community Program Director Margaret Carels resigned effective April 17, 2025. The Project Coordinator position has been posted as two 18-hour positions and will be advertised on social media, Milton Times and the Town of Milton website.

*Drug Take Back Day was Saturday April 26th in partnership with the Milton Police Department. Medication lock boxes were distributed to residents who completed an Opioid Survey.

*The Assistant Health Director and Health Agent were awarded for a \$16,000 grant for the Health Department from the National Health Environmental Health Association and the

U.S. Food and Drug Administration. Funds will be used to advance the National Retail Food Safety Program and may enable Ms. Connors and Ms. Ho to attend related conferences.

*The Health Director and Public Health Nurse will attend the Massachusetts Association of Public Health Nurses Annual Conference on May 14th and 15th in Wakefield, MA. The Assistant Health Director and Community Social Worker will attend the Montana Summer Institute for a training during the week of June 17th titled "Science of the Positive and Positive Community Norms Framework".

*5-9 Thacher Street. There have been no changes at the property since 2020. Ms. Kinsella emailed Tara Ruttle from the Neighborhood Renewal Division to advise the Board of Health with next steps.

*Opioid abatement funds provided for Riverside Recovery Coach for shared services communities.

*Increasing home visiting programs and a maternal child and family health service as part of the Community Health Improvement Plan strategies.

*Collaborating with Wellesley Health Department and NC-8 to begin a Parent and Newborn Support Service in Milton. Jewish Family Child Services will provide trainings.

*Site walk on Harland Street/Pine Tree Brook to address flooding due to beaver activity.

*Health Department is considering becoming accredited by the Public Health Accreditation Board. Costs include a training fee of \$1,299 and \$5,600 annually in order to remain accredited. The Health Director will provide a Power Point presentation to the Board.

*Resident Andy D'Amato provided a map of the Marbella food establishment to outline concerns of alcohol being brought from one area to another through common space.

*The Commissioner of Public Health sent a letter stating that there are no plans for a community forum or study. This is in response to the Board's letter requesting a Healthcare Capacity Audit.

*Mass in Motion Breakfast on April 30th hosted by Lisa Courtney, Wellness Coordinator.

4. Amend Health Fee Schedule:

The Septic Plan Review fees currently do not fully cover the costs of the Septic Engineering Consultant Paul Brogna. As the Health Department budget is being decreased by the \$8,000 that is allocated for Mr. Brogna's services, the Health Director is proposing to amend the \$150 fee to cover the \$8,000 deficit so that the homeowner will fully absorb the cost of the plan review. The Health Director contacted Cheryl Sbarra, MAHB Executive Director who informed her that the Board of Health has the authority to change the fees. Member Musto suggested researching the fees from other towns and also suggested a revolving fund specifically for this situation. Ms. Kinsella stated that she will consult with Town Accountant Amy Dexter.

5. Opioid Abatement Funding spending and community outreach:

The Health Director informed the Board that she continues to meet regularly with consultant Sky Freyss-Cole on distribution of the Opioid Community Survey. The last focus