

Caroline Kinsella

From: Nicotine Free Generation <nicotinefreegeneration@gmail.com>
Sent: Thursday, February 26, 2026 9:38 AM
To: Nicotine Free Generation
Subject: Nicotine Free Generation: February 2026

[External Email- Use Caution]

The NFG policy uses a birthdate to set a limit on retailers' ability to sell nicotine products. NFG prevents the creation of future demand for nicotine by preventing sales to anyone born after the designated birth date. Users who currently are legally sold nicotine are NOT affected.

Please invite us to make a presentation about NFG. We have been speaking with boards of health, other government entities, and community groups.

* * *

The dangers of nicotine addiction are extremely well known. Therefore, this month we will emphasize **the economic benefits** to you, to young people, and to your overall community.

For young people being drawn into nicotine addiction, the financial impacts are profound. A pack of Marlboro costs \$14.08. In 365 days, **a one-pack-a-day smoker spends \$5,139.20**, most of which leaves your community and goes to Big Tobacco in North Carolina or wherever. That \$5,000 could be better spent here, instead of on addictive drugs. That money is a huge portion of their disposable income. Think about what YOU could have done in your teens or twenties with an additional \$5,000 every year!

Everywhere in Massachusetts, non-nicotine businesses gain for every person who never gets addicted. Most local businesses depend on disposable income, and every dollar not spent on nicotine can be spent in local restaurants, shops, and other local businesses. We need to protect **ALL LOCAL BUSINESSES**, and not only those who, with paid lobbyists, sell dangerous products.

Should we single out nicotine dealers for special treatment instead of supporting our other businesses?

With 55% of our state budget spent on health care, and health insurance premiums going through the roof, the economic benefits of reducing nicotine addiction are clear everywhere. And the greatest economic benefits will go to our young people and to our local businesses.

* * *

For a serious but readable academic discussion in *The Lancet*:
< [https://doi.org/10.1016/S2213-2600\(25\)00400-X](https://doi.org/10.1016/S2213-2600(25)00400-X) >

Nicotine Free Generation has been endorsed by the Massachusetts Medical Society (founded in 1781), representing over 25,000 physicians, residents, and students. NFG has also been endorsed by the American Medical Association (founded in 1847), representing over 271,000 members nationwide. These

Caroline Kinsella

From:
Sent: Thursday, January 9, 2025 9:55 AM
To: Caroline Kinsella
Subject: Say NO to Nicotine Free Generation (NFG) Regulations

[External Email- Use Caution]

Dear Health Director Caroline Kinsella,

Some cities and towns in Massachusetts are considering a new policy called Nicotine Free Generation (NFG).

I ask that you reject this policy for the following reasons:

- When a person is 21 years of age, that person is an adult and should be able to use legal adult products.
- It applies different laws to two groups of adults treating them differently from one another for the purchase and use of the same products despite both being 21 years of age or older.
- It does nothing to address youth use of nicotine products since the policy targets adults upon reaching the age of 21.
- It is blatantly hypocritical allow an adult to purchase and use cannabis or alcoholic beverages or gamble on sports, but prohibit that same adult from purchasing and using a nicotine product.

This policy goes way too far.

Say NO to NFG regulations in Massachusetts.

Caroline Kinsella

From: Thursday, December 19, 2024 3:46 PM
Sent:
To:
Subject: Letter from NECSEMA to the Milton Select Board and Milton Board of Health
Attachments: NECSEMA Milton Letter on Nicotine Restrictions.pdf

[External Email- Use Caution]

Dear Members of the Milton Select Board and Milton Board of Health,

Please find attached a letter from the New England Convenience Store and Energy Marketers Association (NECSEMA) with important information regarding a policy being circulated among various towns called Nicotine Free Generation and the proposed restrictions on nicotine pouches to adult-only facilities (AOFs). I encourage you to review the letter and reach out if you would like to discuss this matter in greater detail. Our goal is to help educate decisionmakers on all aspects of this policy before a decision to consider it has been determined.

Additionally, as a Milton resident, I would urge you to oppose NFG and any restriction on nicotine pouches. I would be happy to speak with the Board of Health or any other town official about these issues at your convenience.

Best Regards,

Peter A. Brennan

Executive Director

New England Convenience Store & Energy Marketers Association, Inc. (NECSEMA)

1044 Central Street, Suite 203, Stoughton, MA 02072

Mobile: 781-901-9841 | Office: 781-297-9600 ext. 3 | Fax: 781-297-9601

peter@necsema.net | www.necsema.net | [Join NECSEMA](#)

Caroline Kinsella

From: info@mhoa.com
Sent: Tuesday, July 9, 2024 5:21 PM
To: Caroline Kinsella
Subject: MHOA Summer Webinar Series: Nicotine Free Generation, 7/11

[External Email- Use Caution]

To view this bulletin in a web browser, [click here](#).



MHOA Summer Lunch and Learn Webinars

Nicotine Free Generation

Thursday, July 11, 2024 from 1pm to 2pm

Nicotine Free Generation replaces the minimum age sales law on tobacco and vape products. It provides that anyone who is 21 years of age or older on a designated date may continue purchasing nicotine products, but for anyone younger than 21 on that date, the municipality would be nicotine free now and forever. How did this groundbreaking policy come about in MA and what are the recommended steps if your municipality is interested?

Presenters: Chris Banthin, Program Manager and Senior Staff Attorney at the Public Health Advocacy Institute, and Maureen Maureen Buzby, Tobacco Prevention Coordinator for seven Mystic Valley municipalities

Free for MHOA members! \$25 for non-members.

Register now

Continuing Educational Units available: CHO/CPH, RS/REHS 1.2 CEUs and 1 RN CEU

Writing for Public Health Advocacy:

How to Make Your Public Health Voice Matter

July 16th, 1pm - 2pm

An interactive skill-building session on op-ed writing. Learn how to tell your public health story and apply these skills to advocate for your programs and community.

Presenter: Jennifer Beard, Clinical Associate Professor, BU School of Public Health

Caroline Kinsella

From: Sarah McColgan <smccolgan@mhoa.com>
Sent: Thursday, June 20, 2024 3:28 PM
To: Caroline Kinsella
Subject: Nicotine Free Generation
Attachments: Draft HEIA for NFG.docx

[External Email- Use Caution]

Caroline:

I've attached a community assessment for the Nicotine Free Generation, in case your board is considering it with their tobacco revisions. Let me know if you have questions ahead of time or we can talk about it more on Monday night.

Sarah McColgan
Mass. Health Officers Association
Tobacco Control Program Director
(413) 636-6418

The Massachusetts Health Officers Association (MHOA) Tobacco Control Program is a technical assistance program available to public health departments in Massachusetts cities and towns. The Tobacco Control Program is funded through a grant from the Massachusetts Department of Public Health. Technical assistance provided by MHOA to local boards of health does not constitute legal advice. Contact your city or town counsel when legal questions or requests for legal advice arise.

Caroline Kinsella

From: Caroline Kinsella
Sent: Monday, January 6, 2025 4:01 PM
To:
Subject: FW: Oppose the Generational Tobacco Ban

FYI another email

Caroline A. Kinsella BSN, RN - RS
Milton Health Director/ Public Health Nurse
525 Canton Ave
Milton, MA 02186
Phone 1-617-898-4883
Fax 1-617-696-5172

Past President- Massachusetts Association of Public Health Nurses
www.maphn.org

From:
Sent: Monday, January 6, 2025 8:38 AM
To: Caroline Kinsella <ckinsella@townofmilton.org>; SB <SB@townofmilton.org>; John Keohane <jkeohane@townofmilton.org>; Erin Bradley <EBradley@townofmilton.org>; Richard G. Wells <rswells@townofmilton.org>; Benjamin Zoll <BZoll@townofmilton.org>; Roxanne Musto <rmusto@townofmilton.org>; Nicholas Milano <nmilano@townofmilton.org>
Subject: Oppose the Generational Tobacco Ban

[External Email- Use Caution]
To the Milton Board of Health, Select Board, and Town Administrator,

My name is [REDACTED], I feel I have to write to you in opposition to the Generational Tobacco Ban (Nicotine Free Generation Proposal.) I know paid tobacco control activists have coordinated this policy proposal and will continue to be raised in different communities and towns in Massachusetts. If I do not oppose the proposal now, it will be proposed in Cambridge next.

I oppose this policy because it proposes restricting adults' freedom to choose for themselves. Massachusetts has already raised the legal age to purchase tobacco products to 21, the same age to buy alcohol. There is no need to increase the legal age further.

Do we, in Massachusetts, believe that it is the place of public health to place bans on things like alcohol, marijuana, and gambling? These are all choices that we've seen fit to allow adult consumers to make for themselves. If we place a ban on the ability to purchase tobacco and other nicotine-containing products, we are saying it is ok to dictate adult lifestyle choices, and there will be no end to it.

Caroline Kinsella

From: [Redacted]
Sent: Wednesday, January 8, 2025 4:01 PM
To: Caroline Kinsella
Subject: Say NO to Nicotine Free Generation (NFG) Regulations

[External Email- Use Caution]

Dear Health Director Caroline Kinsella,

Some cities and towns in Massachusetts are considering a new policy called Nicotine Free Generation (NFG).

I ask that you reject this policy for the following reasons:

- When a person is 21 years of age, that person is an adult and should be able to use legal adult products.
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- It does nothing to address youth use of nicotine products since the policy targets adults upon reaching the age of 21.
- It is blatantly hypocritical allow an adult to purchase and use cannabis or alcoholic beverages or gamble on sports, but prohibit that same adult from purchasing and using a nicotine product.

This policy goes way too far.

Say NO to NFG regulations in Massachusetts.

Regards,

Caroline Kinsella

From:
Sent: Tuesday, January 21, 2025 9:39 AM
To: Caroline Kinsella
Subject: Say NO to Nicotine Free Generation (NFG) Regulations

[External Email- Use Caution]

Dear Health Director Caroline Kinsella,

Some cities and towns in Massachusetts are considering a new policy called Nicotine Free Generation (NFG).

I ask that you reject this policy for the following reasons:

- When a person is 21 years of age, that person is an adult and should be able to use legal adult products.
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- It is blatantly hypocritical allow an adult to purchase and use cannabis or alcoholic beverages or gamble on sports, but prohibit that same adult from purchasing and using a nicotine product.

This policy goes way too far.

Say NO to NFG regulations in Massachusetts.

Regards,

PRESS RELEASE

Milton Health Department

525 Canton Avenue
Milton, MA 02186

December 20, 2017

FOR MORE INFORMATION CONTACT:

Caroline Kinsella
Milton Health Department
617-898-4886 Fax 617-696-5172
ckinsella@townofmilton.org

Milton, MA-

On December 4, 2017 the Milton Board of Health unanimously voted to enact a new smoking regulation entitled "15 feet smoke-free buffer zone for all municipal entranceways accessible by the public, including the public library. A Municipal building is defined as "any building or facility owned, operated, leased or occupied by the municipality.

The policy reads: "the area within 15 feet of any municipal building entranceway accessible to the public, except that this shall not apply to a smoker transiting through such 15 feet area nor to a smoker approaching an entranceway with the intention of extinguishing a tobacco product." This new regulation will protect visitors and workers from exposure to second-hand smoke.

The regulation will go into effect on February 1, 2018. For a copy of these regulations, please call the Health Department at 1-617-898-4886.